

Discovers' Secrets

Quick Guide Personal Care and Household Products Quick Guide

Household Cleaning Products

- Molly's Suds Laundry Powder 70 Id. (Amazon \$13.79)
- Grab Green Natural Non Chlorine Bleach Alternative 60 Id. (Amazon\$14.19)
- Seventh Generation Free & Clear (grocery stores or amazon)
 - Laundry Detergent
 - Dish soap
 - Dishwasher soap
 - All Purpose Cleaner
- Grab Green Automatic Dishwasher Detergent 60lds. (Amazon \$16.23)
- Cleaner All Purpose Lemon Green Organic (Amazon \$4.32)
- DIY Vinegar + Water+ Essential oil Thieves (young living essential oil blend multi use)

Personal Care Products

- Dr Bronners Castile Soap (Sprouts, Wholefoods, Amazon)
- African Black Soap (Sprouts, Wholefoods, Amazon)

Men's Products

- Honest Deodorant (Amazon)
- Herban Cowboy Deodorant (Amazon)
- Majestic Pure Cosmeceuticals Hair Gel (Amazon)

Women's Products

- Pit Paste Deodorant (Sprouts, Amazon)
- Honest Deodorant (Amazon)
- Crystal Rock Deodorant (Grocery Outlet)

Facial Moisturizer (Amazon, Whole body, Sprouts)

- Avocado Oil
- Coconut oil
- Pure Body Naturals AAA Unrefined Organic Shea Butter or Coco Butter

Fragranced Lotions

- DIY with Shea Butter or fractionated coconut oil add your favorite Essential oils for fragrance
- Pacifica Brand (Target, Amazon, local stores)

Hair Care

- SheaMoisture: Shampoo, conditioner, styling products (Target, Sprouts, Amazon)
- Badger: Oils, creams, Men's styling products, shaving essentials, beard essentials (Sprouts, Amazon, Whole Foods, New Leaf, Amazon)

Baby Products

- Dr. Bronners Baby Unscented Castille Soap: comes in liquid & bar (Sprouts, Wholefoods, Amazon)
- Babyganics Mineral Based Sunscreen: Mineral Based Spray (Target)
- Badger Products
- Cloth Diapers are THE BEST overall type of diaper to use

Toothcare

- Theraneem Naturals: comes fluoride free (Sprouts, Whole Foods, Amazon, New Leaf)
- Botanique by Himalaya: comes fluoride free (Sprouts, Whole Foods, Amazon, New Leaf)
- Young Living Essential oils Thieves (Young Living Online Store)

Cosmetics

- Pacifica Brand: includes all makeup products & self-care (Sprouts, Wholefoods, New Leaf, Amazon)
- Jane Iredale: includes all makeup products & self-care (Online store, Amazon)
- Mineral Fusion: Includes all makeup products (Whole foods, Amazon, Sprouts, New Leaf)
- Tart: A higher end brand, they are the best you can find in at Sephora stores if you are transitioning from toxic to more natural brands. (Sephora, Amazon)

Download The EWG Skin Deep App or Think Dirty App to scan your favorite products for toxicity Levels.